




# Hot Yoga 4 You




## New Class Schedule

Starting May 1, 2017




### MON

-  9:30 am
-  5:00 pm
-  7:00 pm




### TUES

-  9:30 am
-  5:00 pm
-  7:00 pm



### WED

-  9:30 am
-  5:00 pm
-  7:00 pm



### THURS

-  9:30 am
-  5:00 pm
-  7:00 pm




### FRI





-  9:30 am
-  6:30 pm

### SAT

-  8:00 am
-  10:00 am

### SUN

-  8:00 am
-  10:00 am
-  6:00 pm

-  **Candlelight w/ Music**
-  **Hot 60 Min. w/ Music**
-  **Hot Flow w/ Music**
-  **Warm Yin (75 mins.)\***

*\*room heated between 90-95 degrees*

941-626-6396

HotYoga4You.com

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**Beginners Welcome!**

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